

Camden County High School

Student *Athletic* Handbook

Rules and Policies of Camden County High Athletic Department

2019-2020 SCHOOL YEAR

ELIGIBILITY

Any student at Camden County High School is eligible for participation in the athletic program, as long as they meet state requirements and stay in good standing with the school and Athletic Department. Anyone questioning his/her eligibility should check with the athletic office.

STATE REQUIREMENTS

A regular student:

1. Enrolled in grades 9 – 12 inclusive for whom the school can receive FTE credits.
 2. Meets the requirement of normal semester years of enrollment (eight (8) consecutive semesters or four (4) consecutive years).
 3. Has passed classes that carry at least 2.5 Carnegie Units counting toward graduation the semester immediately preceding participation.
 4. Must stay on track academically:
 - A. Students entering ninth grade for the first time are automatically eligible the first semester. Students must pass courses that carry a least 2.5 Carnegie Units counting toward graduation the first semester to participate the second semester.
 - B. Second year students must have accumulated five (5) units and pass courses that carry a least 2.5 Carnegie Units counting toward graduation the semester prior to participation.
 - C. Third year students must have accumulated eleven (11) units and pass courses that carry at least 2.5 Carnegie Units toward graduation the semester prior to participation.
 - D. Fourth year students must have accumulated seventeen (17) units and pass courses that carry a least 2.5 Carnegie Units counting toward graduation the semester prior to participation.
 - E. Fifth year high school students are not allowed to participate in high school athletics.
 5. Is an amateur. An amateur is one who has never violated his/her amateur standing by receiving money, tuition, board, or pay of any description or compensation for playing under their own name or assumed name.
 6. Has not attained his/her 19th birthday before May 1st preceding the year of participation.
 7. Is not a migrant student of less than a year's standing.
 - A. A migrant student is any student who changes schools after enrolling in the ninth grade.
1. **According to the NCAA:** *"If a student-athlete has not performed well in high school academics, he/she may not have enough core courses or a grade-point average high enough to meet NCAA initial-eligibility requirements. If academics*

- B. A migrant student must remain in the school to which he/she has transferred for one full calendar year before he/she can become eligible, unless his or her parents or guardians move with them.
- 8. Anyone participating in athletics must have adequate insurance, either private or through the school and must have a physical examination before he/she can participate (try-out, practice or play) in any athletic event. The school and Athletic Department are not responsible for any medical bills related to participation in athletics.
- 9. Ms. Florence Sparks is the administrator over Cheerleading. Ms. Sparks will address all concerns or questions.

DISCIPLINE

General rules:

1. If an athlete is suspended from school he/she will not practice or play during the suspension time.
2. All athletes will travel with his/her team to all events. Athletes not traveling with the team will not be allowed to participate in that day's game unless prior approval has been given by a CCHS administrator. They will also return with the team unless the head coach is notified by a parent or legal guardian of substitute transportation. This permission must come before the team departs and must be in written form. Players may be released to parents after a contest and after notifying the head coach. Failure to comply with this rule may lead to suspension from the team.
3. If an athlete is ejected from a game for any reason, he/she will be suspended from competition in accordance to the GHSA By-Law 2.72. An ejected athlete is not permitted to travel with the team and is not allowed in the team's areas at an event. Any athlete ejected due to un-sportsman like conduct towards an official will be written up on a referral and disciplined as deemed appropriate by the Athletic Department and/or Camden County High School.
 - A. Coaches are required to submit a report on any athlete ejected from a game due to un-sportsman like conduct. The Athletic Department reserves the right to discipline an athlete for any infraction that is deemed to be detrimental to the athletic program.
 - B. Penalties for ejections of a coach or player for unsporting acts shall be:
 1. **First Ejection:** Coach—\$250.00 fine plus penalties as per each sport's by-laws. Player: Completion of the "NFHS Sportsmanship Course" online plus penalties as each sport's by-laws.
 2. **Second Ejection:** Coach—\$500.00 fine plus penalties as per each sport's by-laws; and suspension until completion of the "NFHS" Sportsmanship Course" online. Player: \$200.00 fine plus penalties as per each sport's by-laws. NOTE: When a player, coach or team attendant has a second ejection in the same activity during a school year, that individual shall be withheld from competition for **twice** the time period of a normal suspension.

3. **Third Ejection:** *Coach*—Season suspension plus penalties as per each sport's by-laws; can not coach in any activity at any GHSA member school until successful completion of "GHSA Principles for Coaching".
Player: Season suspension plus penalties as per each sport's by-laws.

4. The Executive Director shall have the authority to levy additional penalties for repeat offenders.

5. Penalties imposed by the GHSA Executive Director may be appealed as described under Section 9 of Article IV, in the GHSA Constitution.

4. **Drug & Alcohol:** The possession and use of illicit drugs and the unlawful possession and use of alcohol is wrong and has serious and harmful effects on the physical and mental well being of students. The following rules govern the use of alcohol and drugs when an athlete is not involved in school related activities:

A. 1st offense: Every case must be dealt with on an individual basis. An athlete with possession of drugs/alcohol is subject to suspension or dismissal from the athletic program. If in season or out of season forfeiture of playing in 20% of the scheduled contests. An athlete must attend practice and follow athletic guidelines but can not travel, dress out, or play with the team

B. An athlete must bring a negative blood test before being reinstated and agree to drug testing at his/her expense before being reinstated.

C. 2nd offense: Athlete is suspended for one calendar year. An athlete must bring a negative blood test and agree to drug testing at his/her expense before being reinstated.

D. 3rd offense: In or out of season, exclusion from all interscholastic activities for the remainder of his/her high school career.

5. Website postings of any type that may have a negative impact on the sport, team, athletic department or Camden County High School will not be tolerated and may result in athletic probation.

6. Taking inappropriate pictures or sending inappropriate pictures (**Please see the CCHS Student Handbook**).

7. **CAMDEN COUNTY SCHOOL BOARD POLICY STATES THE FOLLOWING CONSEQUENCES FOR EXCESSIVE ABSENCES GRADES 9-12:**

Any student who misses more than five (5) days (excused or unexcused) during a given semester will be ineligible for participation in any extracurricular activities held during the remainder of the semester in which the absences took place.

All students are subject to the requirement listed above; in addition all athletes must meet the requirements listed below to participate in any athletic activities at CCHS.

School attendance is required on the day of the game/practice and the day before if it is a School Holiday, teacher workday or a Saturday game/practice. If the athlete is absent from any class on the day of a game/practice he/she must present the coach with a Doctor's note prior to the game to participate. Even with a Doctor's note you must be in attendance at least two periods to participate.

In addition all athletes must meet the requirements listed below.

- A. Six absences in any period and the athlete cannot participate until they meet with and are cleared by the Athletic Director.
- B. Each additional absence beyond six in a period will cause the athlete to have to sit out one contest.
- C. If an athlete gets to ten absences in any period he/she will be dropped from the team.
- D. Absences due to teams leaving early for games do not count toward these totals.
- E. Pre-approved trips to college showcases or try outs do not count toward these totals. These trips must be cleared in advance by the Student Information/Attendance Office.
- F. Approved college visits (Seniors only) do not count toward these totals.

Parents may appeal the decision to the Athletic Director (or Cheer to Ms. Florence Sparks). Only extenuating circumstances documented by doctor's notes will be considered as grounds for an appeal. A form will be supplied by the athletic department for the appeal process.

Winter Sports:

For basketball, wrestling and swimming their (semester) season is the 2nd & 3rd nine weeks of school. Their season is split between the first and second semester.

Off Season Attendance:

Any athlete who has six total days or 21 individual periods of absences or 10 absences in any one period during their off season semester must meet with the coach and athletic director to determine if they will be allowed to try out for their sport. The hearing must be held prior to participating in any tryouts. Attendance will be used in the evaluation process for try outs by all coaches.

8. CONCUSSION MANAGEMENT POLICY: JGFGB

1. Prior to the beginning of each season of any extracurricular athletic activity, all parents or legal guardians of participating students shall be provided an information sheet informing them of the nature and risk of concussion and head injury.
2. If a student participating in an extracurricular athletic activity exhibits symptoms of having a concussion, he or she shall be removed from the activity and be examined by a health care provider.

3. If a student is deemed by a health care provider to have sustained a concussion, the coach or other designated personnel shall not permit the student to return to play until he or she receives clearance from a health care provider for a full or graduated return to play.
4. As used in this policy, a "health care provider" means a licensed physician or another licensed individual under a physician's supervision, such as a nurse practitioner, physician assistant, or certified athletic trainer who has received training in concussion evaluation and management
5. Coaches, employees, and other designated individuals supervising extracurricular athletic activities are expected to use their training, personal judgment and discretion in implementing this policy.
6. This policy is not intended to create any liability for, or create a cause of action against, the Board of Education or governing body of a charter school or their officers, employees, volunteers or other designated individuals for any act or omission to act related to the removal or non-removal of a student from an extracurricular athletic activity.
7. The Board authorizes the Superintendent to direct the development of administrative regulations and/or guidelines needed to implement this policy.

MANDATORY STUDENT DRUG TESTING

Drug and alcohol abuse has grown to major proportions in our society, and the school setting is not exempt from this trend. Therefore, it is important that educators and parents continually explore ways to institute programs that encourage a drug free and alcohol-free lifestyle for their students/children. It is to that end that this program is created to provide the appropriate action plan to address and nurture a drug-free and alcohol-free environment for the entire Camden County School System.

This policy is intended to support the comprehensive educational policies and programs of the Camden County Schools in educating students and their parents or legal guardians as to the dangers inherent in the unlawful use of drugs and alcohol. The policy is further intended to provide incentives to students in grades 8-12 involved in competitive interscholastic activities to avoid such use and to strive for effective rehabilitation when such use has occurred.

The Superintendent is directed to develop regulations consistent with this policy.

Student Drug Use; Administrative Regulation; Descriptor Code: JCDAC-R(1)

GUIDELINES FOR MANDATORY DRUG TESTING:

Administrators shall not utilize information obtained in the course of administering the policy for disciplinary purposes other than those set forth in this policy. This policy is not designed to be used in any manner, voluntarily or involuntarily, to provide a source of information for law enforcement agencies or for the prosecution of the student. The principal shall not release test results of any person other than those described within this policy or as required by law or a lawfully issued subpoena or court order.

A. Applicability

This policy applies to all students involved in competitive interscholastic activities in grades 9 through 12. The competitive interscholastic activities include all competitive athletics, as well as any sanctioned by GHSA.

A maximum of twenty percent (20%) of randomly selected students as indicated in the paragraph above will be tested at the beginning of the activity's season and a maximum of 20% each of two more times for a calendar year after initial eligibility. For example, 20% of varsity football players may be tested shortly after the varsity roster is posted at the beginning of the season and then a randomly selected 20% of players may be tested each of two other times for the calendar year after initial eligibility. Parents who wish for their children in grades 9 through 12 to be randomly drug tested whether or not they participate in extracurricular activities may request this through the school principal. A signed permission form from the parent will be required. Students may "self report" their drug problem requesting help through the school system.

Self reporting must take place prior to being randomly selected for testing. A signed permission form from the parent will be required. These students will have access to substance abuse education and counseling and will be randomly drug screened throughout the school year by being placed in one of the scheduled testing groups.

B. Notice

The guidelines covered in this regulation will be provided to all high school students and their parents in the student agenda books issued and covered at the beginning of each school year. All students for which this policy applies and their parents or legal guardians must sign a statement of notice and consent entitled, "Student and Parent/Guardian Notice and Consent to Perform Urinalysis for Drug Testing" prior to participation in an activity covered by this regulation.

C. Testing Program

Testing shall be accomplished by the analysis of urine specimens obtained from the students. Collection and testing procedures shall be established, maintained, and administered to ensure (a) randomness of selection procedures, (b) proper student identification, (c) that each specimen is identified with the appropriate student, (d) maintenance of the unadulterated integrity of the specimen, and (e) the integrity of the collection and test process as well as the confidentiality of test results.

D. Substances Tested

Student urine specimen may be tested for the following but are not limited to just these drugs: (a) amphetamines, (b) marijuana (THC), (c) cocaine and its derivatives, (d) barbiturates, (e) phencyclidine (PCP), (f) benzodiazepine, (g) barbiturates, (h) Methadone, (i) methaqualone, (j) LSD, (k) alcohol, (l) steroids, and other drugs as deemed dangerous to students.

E. Sanctions

Any participating student whose drug test administered pursuant to this policy renders a positive test result as indicated by the testing facility or who otherwise violates this policy shall be subject to the following consequences:

1. First Violation

The participating student and his/her parents will be required to attend a conference with the school principal and the activity coach or sponsor. The student will be required to sit out ten percent (10%) of the scheduled games. The student and his/her parents will be required to attend a specified amount of counseling regarding substance abuse. The participating student will be subject to recurring drug tests for the remainder of their participation at Camden County. These test are not random, but at times not to be previously disclosed to the participating student. This is an effort to deter the participating student from committing a subsequent violation of this policy. If the prescribed guidelines are followed, the student will be allowed to continue participation in the activity.

2. Second Violation

The participating student and his/her parents will be required to attend a conference with the school principal and activity coach/sponsor. The participating student will be suspended from all competitive interscholastic activities for 45 school days beginning the day of the conference. The participating student will be subject to recurring drug tests for the remainder of their participation at Camden County. These test are not random, but at times not to be previously disclosed to the participating student. This is an effort to deter the participating student from committing a subsequent violation of this policy.

3. Third Violation

The participating student and his/her parents will be required to attend a conference with the school principal and activity coach/sponsor. The participating student will be suspended from all competitive interscholastic activities for one calendar year beginning the day of the conference.

4. Failure to Report for Testing

If a student is present at school and fails to report when called to be tested, they will be tested by the screening agency at a randomly selected date/time during their sporting season.

5. Failure to Provide Sample

If a student is unable to provide a sample during the designated testing time, they will be tested by the screening agency at a randomly selected date/time during their sporting season. If a student is caught cheating during his/her drug screening (cheating paraphernalia, stored urine, masking drugs or agents, etc.) this will be a testing violation and will be addressed as a failed drug test.

F. Drug Testing Procedures

1. Participating student and parent/guardian must sign form providing notice and consent.
2. Prior to giving a urine specimen, each participating student shall complete a Medical history form which includes disclosure of all prescriptions and nonprescription drugs currently taken.
3. Testing shall be done as follows: Twenty percent (20%) of participating students shall be subject to testing at the beginning of the season or year and to random testing two or more times during the school year. Students eligible for testing will be determined by the current season's roster and parking applications.
4. The testing laboratory approved by the superintendent shall determine the students to be tested randomly during season or year by using a random selection procedure from among all participating students in each individual activity. This will be coordinated by the system's health services coordinator.
5. Collection procedures for urine specimens shall be developed, maintained and administered by the testing laboratory in an effort to minimize any intrusion or embarrassment for each student, ensure the proper identification of students and the student's specimen,
minimize the likelihood of the adulteration of a urine specimen and maintain complete confidentiality of test results. To that end, procedures must require:
 - a. a student picture ID for positively identifying the student;
 - b. the presence of a coach/sponsor, the school principal, assistant principal, or athletic director immediately prior to the collection process to ensure proper student identification;
 - c. the presence of one or more representatives of the testing laboratory when the specimen is taken;
 - d. the provision by the laboratory of a receptacle for the collection of urine;
 - e. the absolute privacy of the student during the collection process;
 - f. the securing of restroom facilities utilized for the collection process;
 - g. the securing of all the student's personal belongings prior to entering the collection stall and
 - h. the treating of water in the designated collection facility to prevent a student from attempting to dilute or otherwise adulterate the urine specimen.
6. The professional testing laboratory shall conduct all scientific analyses of the collected specimens. Each specimen shall initially be tested by using a highly accurate immunoassay technique known as EMIT. Initial positive results must be confirmed by gas chromatography/mass spectrometry (GC/MS). If the initial presumptive positive result is not confirmed by the GC/MS technique, the test shall be deemed to be negative. Only after the GC/MS confirmation and the review of a Medical Review Officer shall a test result be reported as positive.

7. A portion of each urine specimen that tests positive for alcohol or drugs shall be preserved by the testing laboratory for at least six (6) months.

8. Written confirmation of all test results shall be forwarded by testing laboratory to the system's health services coordinator and the school principal. The health services coordinator shall notify the superintendent when the lab has determined that a specimen tests positive.

9. In the event that a student's urine specimen produces a positive result, the principal and coach/sponsor shall meet with the student and the student's parent(s) or legal guardian(s) to disclose and discuss the test results. At this meeting, the principal or coach/sponsor shall advise the student and the student's parent(s) or legal guardian(s) of consequences under this procedure.

10. Any student who has tested positive, or that student's parents or legal guardians, may contest the test result by informing the principal of their wish to have a conference with the principal within seventy-two hours of receipt of notice of the positive test result. The student and parent shall be allowed to present any further evidence.

11. If contesting the laboratory results, any further laboratory analysis shall be conducted with the student's remaining urine specimen preserved by the testing laboratory and shall be conducted at the student's expense. A final decision of the principal shall come within five (5) days of receiving this second test result. The determination of the student's eligibility shall be made at the school level by the principal.

12. If a participating student is 18 years of age or will turn 18 years of age during the activity season or school year for parkers, the student must agree that all test results will be released to the student's parents or legal guardians.

13. One (1) year after the student turns 18 years old or one (1) year after the student's graduation, whichever is later, all records in regard to this procedure concerning each student shall be destroyed. At no time shall these results or records be placed in the student's academic file or be voluntarily turned over to any law enforcement agency, or used for any purpose other than those stated herein.

G. Confidentiality

The confidentiality of the drug screening results on each student is required throughout the procedures. System personnel are to contact only the designated individuals. The

principal and coach/sponsor are not to talk to anyone other than the student and parents regarding the results once the information is received from appropriate system personnel.

An exception to the above confidentiality guideline might occur for students who participate in instructional activities that involve the use of potentially dangerous equipment or chemicals. Teachers of these courses may be notified of a positive drug test result if it is deemed necessary by the school principal. When this situation occurs, the teacher will be required to sign a confidentiality statement. Confidentiality in the process outlined in this regulation is a priority.

Camden County Athletic Department Academic Policy

Purpose:

One of the main priorities of the athletic department is to support the academic progress of our athletes. We must have a system in place to support student in season and out of season. We need to create a unified approach among all sports to academically monitor student athletes for academic progress and to set minimum standards within the athletic department so all student athletes will be treated the same from sport to sport.

Goals:

- To create a minimum academic standard among all student athletes.
- To improve academic performance among student athletes.
- To emphasize the importance of student 1st and athlete 2nd.
- To set standards in line with NCAA new 2.3 rule so student athletes are better prepared for college.
- To provide a cohesive approach to academic monitoring.

Monitoring Plan:

- After final roster for in-season athletes is submitted to athletic department , all students will be coded in PowerSchool based on their sport.
- All coaches out of season sports will submit a roster of athletes who they wish to have monitored so those athletes can be coded.
- Every two (2) weeks, a failing grade report (any student with a 69 or below) will be generated and emailed to all head coaches sorted by their sport.
- Head coaches will be responsible for relaying the report to their assistant coaches.
- Head coaches, or their designated assistant, will be responsible for contacting student athletes and implementing the academic plan.
- Head coaches of in-season athletes will take precedent with instituting the academic plan with the out of season coaches assisting and supporting.
- 12 weeks into the semester a second report listing student athletes will be generated along with the failing grade report which will list all student athletes with a 70-75 to allow monitoring in EOC courses.

Remediation Plan:

- Any student athlete with a 69 or below in any subject will be required to attend study hall or teacher remediation for a minimum of two hours per week per failing grade.
- Any student athlete failing two (2) or more subjects will be required to attend remediation and will be suspended from competition until such time as they are down to one (1) failing grade.
 - * Exception for the two F rule can be granted for OSCR classes if a 0 is listed for the course since grades are usually not posted until the course is complete. If any number above 0 is listed, the OSCR class will count towards the two F limit.
- Any student athlete can request a grade to be checked for passing in PowerSchool at any time to be removed from suspension and remediation.
- Student athlete's status can only be changed based on PowerSchool status. Notes from teacher's stating a student is now passing will not be accepted.
- All remediation hours will be documented on athletic department academic form and kept on file with the Head Coach.
- All documentation of hours will be submitted to the athletic department at the end of each semester.

Modifications and adjustments:

- Each head coach has the flexibility to adjust this program as long as the minimums stated by the athletic department are maintained.

Camden County Athletic Department Mission Statement:

- Camden County Athletic Department is committed to providing student-athletes with quality instruction within the classroom and on the various playing surfaces. Camden County Athletic Department believes that education and athletics work hand-in-hand in the total development of the student-athlete. Camden County Athletic Department's desire is that all sports will promote fair play, sportsmanship, respect, integrity, good work ethic and teamwork.

DRESS AND GROOMING CODE

1. Hats, headscarves, hairnets, stocking hats, combs, picks, hair curlers and bandannas are not to be worn on or in heads at school or on team trips. (Exception: Only if all team members wear the same type of hat or cap and it is part of acceptable team dress.). Earrings are not allowed in student athletes' ears during practices or games.
2. Hair should be neat and clean during each activity season.
3. Facial hair must be closely shaved, well groomed and trimmed.
4. Appropriate dress will be prescribed by the head coach, Athletic Director and athletic department. There will be no tights, tank tops, mesh shirts (see through), halter tops, bare midriiffs, strapless attire, short dresses, swim wear, or sleep wear on team trips.
5. Clothing should be neat and clean and properly worn.
6. Clothing with offensive writing, pictures, symbols, sexual, alcohol, tobacco or drug messages are not allowed.
7. Sunglasses (shades) are not to be worn, unless necessary during practice or games.
8. Shoes are required at all times.
9. The Camden County High School Dress and Grooming Code will apply to athletes any-time they are representing Camden County High School.
10. Problems with the dress and grooming code will result in disciplinary action.

EQUIPMENT

1. When an athlete is issued equipment & uniform, he/she is responsible for the upkeep and maintenance of the items. If it is lost, stolen or defaced in any way other than normal wear and tear, then the athlete is financially responsible for said equipment.
2. The return time of all equipment & uniform is one week after the final contest of the season.

AWARDS

1. To qualify for a Varsity Letter an athlete must meet the following requirements:
 - A. Must participate in 60% of all quarters and complete season with the varsity team; or
 - B. Participate and complete two seasons on the varsity level; and/or
 - C. By appeal to the athletic director and principal for a waiver.
2. To qualify for a Varsity Letter Jacket an athlete must meet the following requirements:
 - A. Must have been in the varsity program for two (2) years; and
 - B. Participated in varsity games, meeting the standards of the coaching staff; and/or
 - C. Is a senior and is participating for the first time in varsity athletics and meet the standards of the coaching staff.

***** All letter jackets will be the same colors, Columbia blue and white. *****
3. Banquets/Awards Programs

- A. Attendance is required at all banquets/awards programs, unless your absence is cleared through the head coach. These events are an extension of the season and may affect lettering, awards, and/or honors earned.
- B. Athletes are required to dress in a manner befitting a banquet/awards program. Contact your coach or the athletic department concerning proper attire. School's dress code policy must be followed for all athletic events.

***NOTE: In the opinion of the Camden County High School Athletic Department, award banquets are one of the most important events of that athletic activity. It is an attempt to show our appreciation, and the Booster Club's appreciation, to the athletes for their dedication and hard work for the athletic program.**

FORFEITING ACHIEVEMENTS AND QUITTING OR DISMISSAL FROM A TEAM

Students and parents must realize that all plaques, award letters, certificates, letterman's jackets and all other items of athletic recognition presented to any student from the Athletic Department or Booster Organizations remain the property of and under the jurisdiction of the Camden County High School Athletic Department.

If a student-athlete quits or is dismissed from a team, he or she will forfeit the opportunity to receive any plaques, award letters, certificates, letterman's jackets and all other items of athletic recognition presented from the Athletic Department or Booster Organizations.

In an effort to promote athletic participation, and at the same time to eradicate the negative side effects of quitting, all students are granted an initial grace period for try-outs in any sport. Students may feel free to try out during the first two weeks of any athletic season to determine whether or not they are committed to play and practice for an entire season.

If, at the end of the two-week grace period and prior to the date of a sport's first game or contest, the student decides that he or she is not prepared to make a seasonal commitment, then the student may choose to leave that particular program in good standing with the Athletic Department. **However, should a student stay with a particular sport after the grace period has ended and at some later point in the season decides to quit or is released from the team for disciplinary reasons, the student will face athletic probation.** This means that an athlete is not allowed to participate in another sport during the same school year unless the athletic director is willing to justify and recommend the probationary athlete's participation. Supportive evidence of the probationary athlete's sincerity and desire to participate as well as his or her commitment to successfully complete the entire athletic season must be demonstrated by the probationary athlete. The decision to allow the athlete to participate must ultimately be based on what is best for the athletic program as well as the student athlete.

Should a student athlete be granted a second opportunity to participate in another sport, the consequences for quitting or being released again will be severe. A student athlete who quits or is released a second time will automatically be disqualified from participation in the athletic program for one school year. This policy applies to all athletes in grades 9-12.

A student athlete dismissed from the team due to disciplinary action by the coach of his/her sport, may appeal to the athletic director and principal for reinstatement to the team. Again, the final decision must ultimately be determined in regard to what is best for the athletic program as well as the student.

Upon graduation from Camden County High School, the student athlete will be given the items or awards that he/she achieved during his or her athletic playing years. If the student athlete has violated rules or policies that have resulted in the forfeiture of awards, the awards become the property of the Camden County Athletic Department or the Booster Club, which originally gave the award.

TEAM TRAVEL (BUS POLICY)

All sport teams traveling on bus to away games will follow these procedures:

1. If girls and boys travel together, they must be separated by a coach seated in the center of the bus. Follow the procedures listed below.
2. If one coach is traveling, he/she must sit in the center of the bus.
3. If two coaches are traveling, one coach will be seated in the center and the other will be seated in the rear.
4. If three coaches are traveling, coaches will arrange themselves in the front, middle and back of the bus.
5. If more than three coaches are traveling on bus, they will arrange themselves in a way that will meet the listed requirements above. The other coaches may randomly spread themselves out on the bus to ensure supervision.
6. Seating charts for players are optional.

HIGHER EDUCATION

The NCAA recently released the new SAT/ACT sliding scale that corresponds with the increased GPA requirements for the class of 2016 and beyond. Needless to say, any current high school freshman who is even remotely considering the possibility of playing a sport collegiately needs to pay attention. The wiggle room to correct academic shortcomings has been greatly reduced. Now, more than ever, every semester counts.

Here is a summary of the new D1 academic requirements that take affect for the class of 2016 and beyond:

- The minimum core course GPA has increased from **2.00** to **2.30**
- **10** of the **16** core course requirements must be satisfied **prior** to the start of the senior year.
- **7** of those **10** core course must be from the English, Math and Science subsections.
- Grades earned in the **10** core courses are "locked in" for the purpose of calculating the final core course GPA.
- Any retakes of the first **10** core courses must be completed prior to

The NCAA has also introduced a new term—the “**Academic Redshirt**”. This new designation applies to D1 incoming college freshman in 2016 and beyond who do not meet the new 2.30 core course GPA requirement, but have a core course GPA above 2.00 and have met the SAT/ACT sliding scale requirements. An Academic Redshirt may still receive a scholarship and practice with their team, but may **not** participate in game completion as a college freshman.

The new sliding SAT/ACT scale, which correlates with the new 2.30 GPA requirement, results in significant changes in minimum test scores.

Here are two examples of the changes to the new sliding scale requirement for D1 students in the class of 2016 and beyond:

- Currently **2.00** core course GPA + **1010** SAT or **86** ACT = Full Qualifier
- 2016: **2.00** core course GPA + **1020** SAT or **86** ACT = Academic Redshirt

- Currently: **2.50** core course GPA + **820** SAT or **68** ACT = Full Qualifier
- 2016: **2.50** core course GPA + **1000** SAT or **85** ACT = Full Qualifier

Remember, the NCAA does not include the writing component of the SAT or ACT and the ACT score is the sum score (not average) of the English, math, reading and science sections.

Finally, just because a student-athlete meets the minimum NCAA academic standards, it doesn't mean they will be admitted to play sports at the college of their choice. Many universities have academic standards for incoming freshman athletes that are much higher than the NCAA minimum requirements.

So what does this all mean? Student-athletes must start tackling courses early. A student-athlete should calculate their initial core course GPA at the conclusion of their first semester in high school and continue to do so each semester thereafter.

Again, now more than ever, every semester counts.

NCAA ELIGIBILITY CENTER QUICK REFERENCE GUIDE

Divisions I & II Initial-Eligibility Requirements

Core Courses

- **NCAA Division I & II require 16 core courses.**
- **NCAA Division I will require 10 core courses** to be completed **prior to the seventh semester** (seven of the 10 must be a combination of English, math or natural or physical science that meet the distribution requirements below).
 - *Beginning August 1, 2015, it will be possible for a Division 1 college-bound student-athlete to still receive athletics aid and the ability to practice with the team if he or she fails to meet the 10 course requirement, but would not be able to complete.*

Test Scores

- **Division I** uses a sliding scale to match test scores and core grade-point averages (GPA). The sliding scale for those requirements can be found on the NCAA website.
- **Division II** requires a minimum SAT score of 820 or an ACT sum score of 68.
- The SAT score used for NCAA purposes includes **only** the critical reading and math sections. The writing section of the SAT is not used.
- The ACT score used for NCAA purposes is a **sum** of the following four sections: English, mathematics, reading and science.
- **When you register for the SAT or ACT, use the NCAA Eligibility Center code of 9999 to ensure all SAT and ACT scores are reported directly to the NCAA Eligibility Center from the testing agency. Test scores that appear on transcripts will not be used.**

Grade-Point Average

- **Be sure** to look at your high school's List of NCAA courses on the NCAA Eligibility Center's website (www.eligibilitycenter.org). Only courses that appear on your school's List of NCAA Courses will be used in the calculation of the core GPA. Use the list as a guide.
- **Division I** students enrolling full time **before August 1, 2015**, should use Sliding Scale A to determine eligibility to receive athletics aid, practice and completion during the first year.
- **Division I** GPA required to receive athletics aid and practice on or after August 1, 2015, is 2.000 (corresponding test-score requirements are listed on sliding scale B).
- **Division I** GPA required to be eligible for competition on or after August 1, 2015, is 2.300 (corresponding test-score requirements are listed on sliding scale B).
- **The Division II** core GPA requirement is a minimum of 2.000.
- Remember, the NCAA GPA is calculated using NCAA core courses only

DIVISION I 16 CORE COURSES	DIVISION II 16 CORE COURSES
4 Years of English 3 Years of mathematics (Algebra I or higher) 2 Years of natural/physical science (1 year of lab if offered by high school). 1 Year of additional English, math or natural/physical science. 2 Years of social science 4 Years of additional courses (from any area above, foreign language or comparative religion/philosophy).	3 Years of English 2 Years of mathematics (Algebra I or higher) 2 Years of natural/physical science (1 year of Lab if offered by high school) 3 Years of additional English, math or natural/physical science. 2 Years of social science 4 Years of additional courses (from any area above, foreign language, or comparative Religion/philosophy.)

New NCAA Qualification Rules and Credit Recovery

Camden County High School's first mission is to educate and graduate student athletes that are prepared for future educational or occupational opportunities. To this end, and in view of recent changes to NCAA Qualification Rules, the following information below is critical:

1. **According to the NCAA:** *"If a student-athlete has not performed well in high school academics, he/she may not have enough core courses or a grade-point average high enough to meet NCAA initial-eligibility requirements. If academics are not taken seriously for most of high school, a student may need to accept the fact that he/she may not be able to participate in intercollegiate athletics immediately when they enroll in college."*¹

2. Student athletes need to pass classes when they take them the first time and to do so with a grade of C or better. Doing this will ensure that students are academically eligible to play for NCAA Division I or II schools. This, of course, will not guarantee such opportunities athletically, but will prevent those students that ARE athletically eligible from being deemed academically ineligible.

3. Camden County High School offers programs that assist students in recovering and earning credits needed to graduate and will continue to do this because our obligation is to help students graduate on time. We believe that these programs meet the NCAA rules regarding credit recovery. However, we never can really know until a ruling is made in a specific case for a specific student. At that point, it may be too late to repair a student's transcript to make them eligible under NCAA rules.

4. **Again, this is the advice of the NCAA to those seeking NCAA initial-eligibility on enrollment at college:** *"Take four-year college-preparatory courses. Work on taking the required courses early, and do not get behind. There is no substitution for hard work. All such courses should meet the high school's graduation requirements and should be on the high school's list of NCAA courses located on the NCAA Eligibility Center's Web site at www.eligibilitycenter.org. If there are questions about this, a student should meet with his/her guidance counselor or contact the NCAA Eligibility Center at 877/262-1492."*²

5. If a student is having difficulty in an academic class, consider meeting with a teacher before or after school or consider getting a tutor. Also, it is vital for students to attend school every day so that no assignments are missed and information they need to be prepared for quizzes, tests and projects is received in a timely manner.

6. Finally, heed this advice from the NCAA: *“Graduate on time. Try to avoid a “quick fix” through outside credit recovery classes or other short cuts. These courses may not be accepted and could trigger an extra review of an academic record.”*³

1, 2, and 3 NCAA Initial-Eligibility Core-Course Requirements: General Guidelines for Credit Recovery, Online Courses and Other Nontraditional Educational Opportunities, [HTTP://WEB1.NCAA.ORG/WEB_FILES/ELIGIBILITY_CENTER/OVN/GENERALGUIDELINESANDTIPS.PDF](http://web1.ncaa.org/web_files/eligibility_center/ovn/generalguidelinesandtips.pdf)

REMEMBER: YOUR ACADEMIC PERFORMANCE IN HIGH SCHOOL CAN AFFECT YOUR OPPORTUNITIES TO RECEIVE ATHLETIC GRANTS-IN-AID!

Please visit the Web sites below for additional information on NCAA and NAIA eligibility and recruiting regulations:

NCAA

[HTTP://ELIGIBILITYCENTER.ORG/ECWR2/NCAA EMS/NCAA.HTML](http://eligibilitycenter.org/ecwr2/ncaa_ems/ncaa.html)

NAIA

[HTTP://WWW.PLAYNAIA.ORG](http://www.playnaia.org)

All students who are selected to represent Camden County High School in any athletic event will be required to sign, acknowledging that he/she has read and fully understand the Rules and Policies of Camden County High School Athletic Department.

REMARKS AND COMMENTS

Any questions about the materials described in this handbook, please contact your head coach or the athletic office at (912) 729-7042

TITLE IX

“No person shall, on the basis of sex be excluded from participation in, or denied the benefits of, or be subjected to discrimination under any educational program or activity.”

If you have any questions or concerns about your rights under Title IX contact Mr. Welton E. Coffey II, Athletic Director at 912-729-7042.